

2023 Cost of Living Adjustments (COLA)

The Internal Revenue Service (IRS) sets annual limits that apply specifically to the amounts employees, employers, or a combination of both can contribute to a retirement plan.

Contribution Plan Limits	2023	2022	2021
401(k), 403(b), and 457 Plan Elective Deferrals - 402(g)(1)			
The limit a participant can contribute in pre-tax deferral and Roth combined.	\$22,500	\$20,500	\$19,500
SIMPLE Plan Elective Deferrals			
The limit a participant can contribute in pre-tax deferrals to a SIMPLE IRA plan.	\$15,500	\$14,000	\$13,500
IRA (Traditional and Roth)			
The limit a participant can contribute in pre-tax deferral and Roth combined.	\$6,500	\$6,000	\$6,000
ESOP Limits - 409(o)(1)(c)			
The limit on contributions to defined contribution plans, including contributions to the ESOP on the employee's behalf.	\$1,330,000 \$265,000	\$1,230,000 \$245,000	\$1,165,000 \$230,000
Catch-Up Contribution			
A participant age 50 or older can contribute up to this amount, in addition to the Elective Deferral Limit listed above.	\$7,500	\$6,500	\$6,500
Annual Defined Contribution Limit - 415(c)(1)(A)			
The total limit of all contributions into an employee account. This includes pre-tax deferral, Roth contributions, and any employer contributions.	\$66,000	\$61,000	\$58,000
Annual Compensation Limit - 401(a)(17)/404(I)			
The income limit allowed in benefit calculations.	\$330,000	\$305,000	\$290,000
Highly Compensated Employee (HCE) Threshold - 414(q)(1)(B)			
The minimum amount that an eligible employee must earn in the prior plan year to be considered a Highly Compensated Employee.	\$150,000	\$135,000	\$130,000
Key Employee - 416(i)(1)(A)(i)			
The minimum amount an officer* must earn during the testing period to be considered a Key Employee.	\$215,000	\$200,000	\$185,000
SEP Minimum Compensation			
The threshold for benefit eligibility.	\$750	\$650	\$650
Taxable Wage Base - OASDI			
The maximum amount of earned income upon which employees must pay Social Security taxes.	\$160,200	\$147,000	\$142,800

*An officer is an administrative executive who is in regular and continuous service with the employer, has binding authority, and makes decisions on behalf of the company.

Special note for employers: Employer contributions (if applicable) are limited to 25% of eligible compensation or 20% of your net self-employment income, if self-employed.

Additional information:

- The term "annual additions" generally means the sum for any year of employer contributions, employee contributions, and forfeitures.
- For plans that include salary deferral features, individuals who are age 50 and older by the end of the calendar
 year may make catch-up contributions in addition to the annual additions limit, if catch-up contributions are
 permitted under the plan.

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